

Rowington Parish Council

CORONA VIRUS (COVID 19)

NEW RULES ON STAYING AT HOME AND AWAY FROM OTHERS

The single most important action we can all take, in fighting coronavirus, **is to stay at home** in order to protect the NHS and save lives.

When we reduce our day-to-day contact with other people, we will reduce the spread of the infection. That is why the government is now (23 March 2020) introducing measures to stop all gatherings of more than two people in public.

Therefore, Rowington Parish Council ask that you respect these rules.

- **Do not use the children's play equipment**
- **Only use the recreation ground for exercise once a day**
- **Remembering to stay 2 metres or 6ft away from other**
- **people who are not members of your household**
- **Group size of 2, if not members of your household**

If you need any help with shopping, dog walking, need a phone call, if you are at risk or self-isolating or need any help, please contact the Parish Clerk who has a list of volunteers able to assist

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Parish Clerk
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